

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	1/5/2026	1/6/2026	1/7/2026	1/8/2026	1/9/2026
5	2/2/2026	2/3/2026	2/4/2026	2/5/2026	2/6/2026
9	3/2/2026	3/3/2026	3/4/2026	3/5/2026	3/6/2026
13	3/30/2026	3/31/2026	4/1/2026	4/2/2026	4/3/2026
17	4/27/2026	4/28/2026	4/29/2026	4/30/2026	5/1/2026
MORNING SNACK	Chex Cereal Pears, slices	Egg White & Spinach Frittatas *EMSW Clementine	Muffin, Carrot *EMSW Strawberries	WW Pancakes w syrup on side *EMSW Banana	Cheerios Mango, slices Plain or Fruit Yogurt *M
LUNCH	Pasta, Ground Turkey, Tomato Sauce, Cheese *MW Baked WWPasta, Tomato Sauce, Mozzarella Cheese *MWV	Mac & Cheese w Tomatoes & Broccoli *MSWV Garden Salad, Cucumbers, Tomato, Italian Dressing on side *S	Sweet and Sour Chicken *SW Sweet and Sour Tofu *SWV	Fish Taco with Tomatoes, Lime and Cilantro with Corn Tortilla *F Black Bean and Veggie Taco Bowl *WV	Turkey Salad Sandwich, WW Bread *ESW Mashed Chickpea Salad Sandwich *SWV
SIDE	Broccoli, steamed		Rice, Brown Broccoli, steamed	Carrots, Roasted	Soup, Garden Vegetable Rice *MS
DESSERT	Fruit Salad	Pears, slices	Honeydew Melon	Cantaloupe	Clementine
AFTERNOON SNACK	Honeydew Melon Cucumber, Tzatziki *M	Apple Sauce Hummus, Pita *WSe	Apple Slices Cottage Cheese *M	Fruit Salad Cheddar Cheese *M	Smoothie, Strawberry *M Animal Crackers *WS
Week 2	1/12/2026	1/13/2026	1/14/2026	1/15/2026	1/16/2026
6	2/9/2026	2/10/2026	2/11/2026	2/12/2026	2/13/2026 - Professional Development EARLY CLOSE 1pm
10	3/9/2026	3/10/2026	3/11/2026	3/12/2026	3/13/2026
14	4/6/2026	4/7/2026	4/8/2026	4/9/2026	4/10/2026
18	5/4/2026	5/5/2026	5/6/2026	5/7/2026	5/8/2026
MORNING SNACK	Chex Cereal Clementine	Egg White, Cheese, Peppers Breakfast Quesadilla *EMW Strawberries	Bagel, Mini, Cream Cheese *MW Apple Slices	Whole Grain French Toast, syrup on side *EMW Banana	Oatmeal *W Orange, slices Plain or Fruit Yogurt *M
LUNCH	Baked Chicken Parmesan, WW Pasta *EMSW Broccoli, Garlic, Lemon, WW Pasta *EMWV	Quinoa Cake with Green Sauce on Side *MWV Broccoli, Carrots	Chicken Curry *M Creamy Lentil & Bean Dal *MV	Baked Salmon, No-nut Pesto Crumbs *FMSW No-Nut Pesto Grilled Tofu *S	Grilled Cheese Sandwich, Whole Wheat Bread *MWV Soup, Creamy Tomato *MW
SIDE	Garden Salad, Cucumbers, Tomato, Italian Dressing on side *S	Corn, steamed kernels Fruit Salad	Rice, Basmati Cauliflower, Roasted	Zucchini & Squash Medley Sweet Potatoes, mashed *M	
DESSERT	Apple Sauce	Clementine	Apple Slices	Strawberries	Honeydew Melon
AFTERNOON SNACK	Honeydew Melon Cheddar Cheese *M	Hummus, Pita *WSe	Cantaloupe Animal Crackers *WS	Pears, slices Carrot Sticks, Black Bean Dip *V	Smoothie, Peach *M Rice Crackers
Week 3	1/19/2026 - MLK Day CLOSED 2/16/2026 - President's Day CLOSED	1/20/2026	1/21/2026	1/22/2026	1/23/2026
7		2/17/2026	2/18/2026	2/19/2026	2/20/2026
11	3/16/2026	3/17/2026	3/18/2026	3/19/2026	3/20/2026
15	4/13/2026	4/14/2026	4/15/2026	4/16/2026	4/17/2026
19	5/11/2026	5/12/2026	5/13/2026	5/14/2026	5/15/2026
MORNING SNACK	Grain Berry Bran Flakes *W Strawberries	Egg Scramble Sandwich with Potatoes, Spinach, Tomatoes *EMW Pineapple	Muffin, Zucchini *EMSW Clementine	Oatmeal *W Banana Plain, Vanilla or Strawberry Yogurt *M	Kashi Go Lean Cereal *WS Orange, slices
LUNCH	Lemon Turkey and WW Pasta *SW Whole Wheat Linguine, Marinara Sauce *WV	Curried Chickpeas & Potatoes *V Spinach, sauteed	Ground Turkey Meatloaf with Tomato Sauce *FW Chickpea Meatloaf *SW	Tuna Fish Sandwich on WW Bread *EFSW Black and White Bean Vegetable Chili *V	Turkey Burger *SW WW Wrap, Balsamic Glazed Veggies, Swiss *MSWV
SIDE	Grilled Tofu *SV Carrots, Roasted	Rice, Basmati Orange Slices	Broccoli, Carrots	Peas, Carrots	Soup, Vegetable Orzo Parmesan Soup *MV Broccoli, Carrots
DESSERT	Honeydew Melon		Apple Slices	Cantaloupe	Fruit Salad
AFTERNOON SNACK	Cantaloupe Animal Crackers *WS	Pears, slices Hummus, Pita *WSe	Fruit Salad Carrot Sticks, Ranch *EMS	Apple Slices Cottage Cheese *M	Smoothie, Peach *M Graham Crackers *WS
Week 4	1/26/2026	1/27/2026	1/28/2026	1/29/2026	1/30/2026
8	2/23/2026	2/24/2026	2/25/2026	2/26/2026	2/27/2026
12	3/23/2026	3/24/2026	3/25/2026	3/26/2026	3/27/2026
16	4/20/2026	4/21/2026	4/22/2026	4/23/2026	4/24/2026
20	5/18/2026	5/19/2026	5/20/2026	5/21/2026	5/22/2026
MORNING SNACK	Chex Cereal Orange, slices	Egg Scramble Sandwich with Potatoes, Spinach, Tomatoes *EMW Apple Slices	English Muffin, Butter & No-Added Sugar Jam *MSW Cantaloupe	Whole Grain French Toast, syrup on side *EMW Strawberries	Oatmeal, Cinnamon *W Apple Slices Plain or Fruit Yogurt *M
LUNCH	Bow Tie Herbed Pasta with Grilled Lemon Chicken *W Bow Tie Herbed Pasta with Grilled Lemon Tofu *SWV	WW Pasta, Lentil Meatball, No-Nut Pesto *MWV Carrots, Roasted	Turkey Chili Black and White Bean Vegetable Chili *V	Pan Seared Salmon, Roasted Tomato Salsa *F Lemon Herb Grilled Tofu *SV	Grilled Chicken, Plain, WW Sandwich Thin *SW Grilled Eggplant Parmesan Panini *MSWV
SIDE	Broccoli, steamed		Bell peppers, Roasted Baked Sweet Potato Fries	Potatoes, mashed Cucumber Dill Salad	Soup, Hearty Lentil Minestrone Soup *W
DESSERT	Fruit Salad	Orange, slices	Tangerine	Pineapple	Apple Slices
AFTERNOON SNACK	Cantaloupe Rice Crackers	Peach Hummus, Pita *WSe	Banana Cheddar Cheese *M	Honeydew Melon Cucumber, Tzatziki *M	Smoothie, Strawberry *M Animal Crackers *WS

Organic non-rBGH 1% or Whole Milk with Vit D = served at every meal
 Since November 2015, all our cheeses, yogurt, milk offered and used in recipes are organic.
 The following fresh fruits offered on the menu are also organic: Apple, Pears, Peaches, and Strawberries.

Allergen Abbreviations

* M = Milk
 * SF = Shellfish
 * E = Eggs
 * N = Nuts
 * S = Soy Products
 * F = Fish Products

* Se = Sesame
 * W = Wheat Products
 * V = Vegetarian Entrée

WW = whole wheat

Packed Lunch - When a class goes on a field trip, we will offer this packed lunch:

Class Field Trip Bagged Lunches (24 hour notice required)
 Turkey or Veg Sandwich on Whole Wheat Bread or Wrap
 Chips, Whole Fruit, Cookie, Bottled Water
 Snacks to include: Granola Bars/Fruit Cup