

Lunches are served  
with Milk



# KINDERCARE MENU



All our Juice is 100% Juice

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK 1



#### BREAKFAST

Milk, Toasty O's, Bananas

#### AM SNACK

Milk, Animal Crackers

#### LUNCH

**BEAN & CHEESE BURRITO**  
Refried Beans and Cheese in  
Flour Tortilla, Corn  
Mixed Berries INF/TODD: Diced Berries

#### PM SNACK

Milk, Graham Crackers with Soy  
Nut Butter

Milk, English Muffins, Apricots

Milk, Carrot Sticks & Celery  
INF/TODD: Steamed Carrots

**TURKEY VEGETABLE SOUP**  
Turkey Crumble, Biscuit, Country  
Vegetable Soup  
Fruit Cocktail INF/TODD: without Grapes  
Strawberry Yogurt, Sugar Snap  
Peas & Cucumber Slices  
INF/TODD: Lightly Steamed Bell Peppers

Milk, French Toast Sticks,  
Applesauce

Cottage Cheese, Pears

**BEEF TERIYAKI**  
Beef Crumble, Brown Rice, Mixed  
Vegetables, Mango

Milk, Cinnamon Biscuit

Milk, Rice Crispy, Oranges

Juice, Vanilla Yogurt

**CHEESE PIZZA**  
Cheese Pizza, Green Salad,  
Peaches  
INF/TODD: Green Beans

Cottage Cheese, Apricots

Milk, Bagel, Fruit Cocktail  
INF/TODD: Fruit Cocktail without Grapes

Milk, Toasty O's

**FISH STICKS**  
Fish Sticks, Breadsticks, Potato  
Wedges, Strawberries

Juice, Pita Bread with Hummus  
or Soy Nut Butter

### WEEK 2



#### BREAKFAST

Milk, Cornflakes, Bananas

#### AM SNACK

Milk, Cheese Cubes

#### LUNCH

**BEANY MAC N' CHEESE**  
Black Beans, Mac N' Cheese,  
Peas, Pineapple

#### PM SNACK

Milk, Cereal Mix

Milk, Biscuit, Pears

Juice, Kix

**SPAGHETTI WITH  
MEAT SAUCE**  
Beef Crumble, Pasta, Zucchini,  
Apricots  
Hummus, Celery & Carrot Sticks  
INF/TODD: Crackers & Steamed Carrots

Milk, Pancake, Roasted Potatoes

Milk, Bananas

**MINI CHEESEBURGER  
SLIDERS**  
Beef Patty, Wheat Bun, Sweet  
Potatoes, Peaches

Milk, Applesauce with Cinnamon

Milk, Chex Cereal, Pineapple

Strawberry Yogurt, Granola  
INF/TODD: Graham Cracker

**CHICKEN & RICE  
CASSEROLE**  
Diced Chicken, Brown Rice,  
Mixed Veggies, Oranges

Cottage Cheese, Pears

Milk, Oatmeal, Bananas

Cinnamon Toast, Cucumber  
Slices & Broccoli

**VEGETARIAN BEAN CHILI**  
Vegetable Chili, Cornbread,  
Green Beans, Apples  
INF/TODD: Applesauce  
Juice, Biscuit with Soy Nut Butter  
and Jelly

### WEEK 3



#### BREAKFAST

Milk, Biscuits, Peaches

#### AM SNACK

Vanilla Yogurt, Toasty O's

#### LUNCH

**MINI CHEESE RAVIOLI**  
Cheese Ravioli, Green Beans,  
Pears

#### PM SNACK

Hummus, Bell Pepper Strips &  
Carrot Sticks INF/TODD: Steamed Carrots

Milk, Cornflakes, Strawberries

Milk, Bananas

**VEGGIE PIZZA**  
Cheese Pizza, Green Salad,  
Blueberries

Milk, Animal Crackers

Milk, Bagel, Blueberries

Cheese Crackers, Celery Sticks,  
Broccoli INF/TODD: Steamed Broccoli

**BLACK BEAN NACHOS**  
Black Beans, Taco Chips, Corn,  
Pineapple  
INF/TODD: Lightly Steamed Flour Tortilla

Juice, Breadstick

Milk, French Toast Sticks,  
Apricots

Milk, Vanilla Wafers

**HOT TURKEY SANDWICH**  
Sliced Turkey, Bread, Mashed  
Potatoes, Pears

Juice, Strawberry Yogurt

Milk, Chex, Bananas

Cottage Cheese, Peaches

**SWEET & SOUR CHICKEN**  
Diced Chicken, Brown Rice,  
Mixed Vegetables, Mango

Milk, Baked Apples with  
Cinnamon

### WEEK 4



#### BREAKFAST

Milk, Crispy Rice, Pears

#### AM SNACK

Milk, Kix

#### LUNCH

**BAKED CHEESY PASTA**  
Shredded Cheese, Pasta,  
Broccoli, Fruit Cocktail  
INF/TODD: Fruit Cocktail without Grapes

#### PM SNACK

Strawberry Yogurt, Celery &  
Carrots INF/TODD: Steamed Carrots

Milk, Oatmeal, Bananas

Vanilla Yogurt, Bananas

**TERIYAKI BURGER SLIDERS**  
Beef Patty, Wheat Bun, Mixed  
Veggies, Pineapple  
INF/TODD: Diced Pineapples

Cheese Slices, Wheat Wafers  
INF/TODD: Townhouse Crackers

Milk, Pancakes, Roasted  
Potatoes

Milk, Animal Crackers

**TACO MAC N' CHEESE**  
Turkey Meat, Mac N' Cheese,  
Cauliflower, Strawberries

Juice, Pita Bread with Soy Nut  
Butter

Milk, Biscuit Fruit Cocktail  
INF/TODD: Fruit Cocktail without Grapes

Cottage Cheese, Pears

**TUNA WRAP**  
Tuna Fish, Flour Tortilla, Peas,  
Blueberries

Milk, Peaches

Milk, Toasty O's, Strawberries

Wafers, Bell Pepper &  
Cucumbers INF/TODD: Crackers

**CHEESEBURGER SOUP**  
Beef Crumble, Breadstick,  
Tomato Soup, Mixed Berries  
INF/TODD: Diced Berries

Milk, Tortilla Chips with Picante  
Sauce INF/TODD: Steamed Tortilla

### WEEK 5



#### BREAKFAST

Milk, Kix, Bananas

#### AM SNACK

Cottage Cheese, Pears

#### LUNCH

**BREAKFAST SANDWICH**  
Turkey Sausage, Biscuit,  
Roasted Potatoes, Apricots

#### PM SNACK

Milk, Bread with Soy Nut Butter &  
Jelly

Milk, Bagel, Peaches

Milk, Carrot Sticks & Celery  
INF/TODD: Steamed Carrots

**CHEESY CHICKEN & PASTA**  
Diced Chicken, Pasta, Peas &  
Carrots, Mixed Berries  
INF/TODD: Diced Berries

Juice, Cheese Cubes

Milk, English Muffin, Blueberries

Strawberry Yogurt, Animal  
Crackers

**MINI MEATBALL SANDWICH**  
Beef Crumble, Wheat Bun, Sweet  
Potato, Pears

Milk, Banana Slices with Soy Nut  
Butter

Milk, Chex, Bananas

Milk, Rice Crispies

**CRACKER STACKERS**  
Sliced Turkey, Crackers, Carrots,  
Apples INF/TODD: Steamed Carrots &  
Applesauce

Juice, Snack Mix

Milk, French Toast, Mixed Berries  
INF/TODD: Diced Berries

Wheat Wafers, Apricots  
INF/TODD: Townhouse Crackers

**TUNA CASSEROLE**  
Tuna Fish, Pasta, Green Beans,  
Pineapple INF/TODD: Diced Pineapple

Cottage Cheese, Snap Peas &  
Cucumbers INF/TODD: Peas Only