

# Early Foundations<sup>®</sup>: One Size Fits One

There are many fantastic teaching methods and philosophies to choose from, and you might love some aspects of each. But sometimes a singular approach doesn't work for every child. Early Foundations® was built by our expert educators who understand that learning isn't a one-size-fits-all endeavor! To reach as many children as possible, our curriculum is informed by the best elements from bigname teaching philosophies to create a one-size-fits-one approach that has your extra-special little one in mind.





## Just like Waldorf, we look to nature for lessons big and small.

We're inspired by the Waldorf emphasis on the natural world, and letting kids be kids (who love to play in it)! To allow children the freedom to observe the world and learn from their natural surroundings, Waldorf programs don't explicitly address early literacy until age seven or so. We'll nurture your child's sense of joy, wonder, and curiosity while helping them grow key developmental and school-readiness skills.

#### Your child will get a well-rounded experience here, including:

- Discovering and playing with natural and open-ended materials.
- Feeling safe in our warm, welcoming environment with teachers who care.
- Exploring the world around them through nature, community, heritage, and more.
- Experiencing age-appropriate literacy, numeracy, STEM skills, social and emotional skills, physical education, and more to help instill their confidence early on.

### We value independent learning like the Montessori method.

Our educators love how The Montessori method values independent learning. The wonderful thing about our approach is that we have the flexibility to offer independence and structure for kids who need one, the other, or both!

#### Your child's independence will grow here because they'll:

- Have space for self-led play.
- Explore at their pace during open-ended experiences.
- Practice leadership as classroom helpers.
- · Sharpen self-help skills and strategies.
- Develop an "I can" attitude with the encouragement of teachers and peers.



### The Reggio Emilia approach to emergent learning inspires us!

The emergent teaching style of the Reggio Emilia approach means that the curriculum responds to children's interests, which is so inspiring! Our teachers make room for your child to direct their own play and learning experiences, and use our curriculum as a springboard for exploration.

#### Your child's love of learning will shine bright here because we'll:

- Observe how each child learns and experiences the world, take note of what ignites their curiosity, and use that knowledge to expand on curriculum in ways that are meaningful to them.
- Document and display their classwork within our learning community, which sparks discussions and inspires others.
- Focus on rewarding children for the skills and mindsets they use (like resilience, curiosity, and perseverance) as they make, understand, or create.
- Respect your child's perspectives, ideas, opinions, curiosities, and interests, which makes them feel seen, heard, and valued.





Now that you've gotten to know Early Foundations a little better, you can feel great about the experience your child will have here. The best part is, you don't have to take our word for it. Our approach has been proven (again and again) to give kids a better-than-expected start in their early education journey.