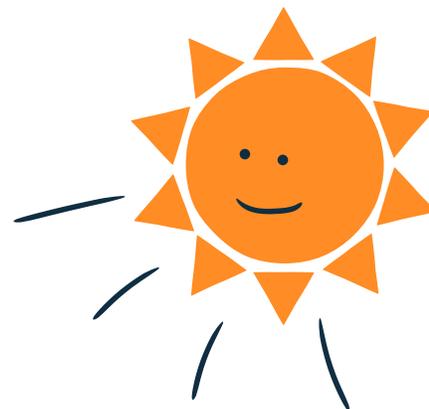


# At-Home Summer Guide for Preschoolers and Prekindergarteners (3 and 4 years old)

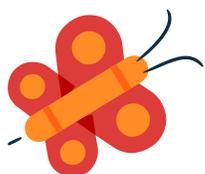
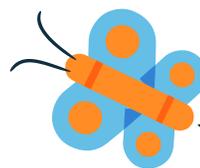
Week of August 31, 2020

As summer comes to a close, children in our preschool classrooms are exploring **Shapes and Colors** while their prekindergarten friends are reviewing **Alphabet Letters**. In our centers, these last two weeks of summer are a time for children to review some of the basics before beginning a new school year. Our At-Home Summer Guides for these last two weeks are also a review, so join along at home as we revisit some of our favorite activities from the last five months!

We've selected some of our favorites, but we encourage you to go back through the guides and revisit some of the activities your child enjoyed most. You can also look for ways to revisit concepts in your everyday activities. Name colors of foods at meals, count how many steps it takes from one place to the next, or play letter search games after reading a favorite story.



This week's review includes activities from both our preschool and prekindergarten guides. We will revisit some of the basics through fun games and interactive learning. Letter Search reviews letters while taking you on a search around your home, Roll and Roar and How Many Spots review counting, Rainbow Matching ties together color recognition and memory, and Clapping Patterns brings a rhythmic twist to understanding patterns.



## Learning Adventures

are small-group enrichment programs in our centers designed to give children experiences in cooking, STEM, phonics, and music. One activity in this guide is adapted from these programs for your use at home. It's a great way to dig deeper into areas that may interest your child.



# This Week's Theme:

# Summer Review

## What you'll find in this guide. . .

We've selected some of our favorite activities to revisit in this week's guide. You and your child can choose your own adventures and do the activities in any order you'd like, repeating and revisiting them as often as you want! Click on the icons below to discover more...



### LET'S EXPLORE

#### Letter Search

How many different letters can you find around your home? Go on a letter hunt together and find out!



### LET'S PLAY

#### Roll and Roar

This activity makes math so much fun that your kiddo will roar!



### LET'S PLAY

#### Rainbow Matching

Practice color identification while playing this fun matching game.



### LET'S CREATE

#### Clapping Patterns

In this fun twist on learning patterns, your child expresses patterns using a series of claps.



### LET'S EXPLORE

#### How Many Spots?

Use number cards to determine how many spots the giraffe should have.



### GAME TIME

#### Child's Choice

Let your child choose from a couple of our favorite games or select one of their own.



### LEARNING ADVENTURES: PHONICS ADVENTURES

#### Summer Fun

Your child will reflect on and journal about the experiences they had this summer.



### VIRTUAL FIELD TRIP

#### Field Trip Trifecta

Revisit three of our favorite field trips that focus on science and literacy.

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020

## Getting Ready for the Week: Materials to Gather

### Letter Search:

- Alphabet cards
- Index cards (if you don't have alphabet cards)
- Marker (if you don't have alphabet cards)

### Roll and Roar:

- Dice

### Rainbow Matching:

- Index cards, 6
- Markers, crayons, or colored pencils
- Scissors (for adult use only)

### Clapping Patterns:

- [Preschool Clapping Patterns](#)
- [Prekindergarten Clapping Patterns](#)

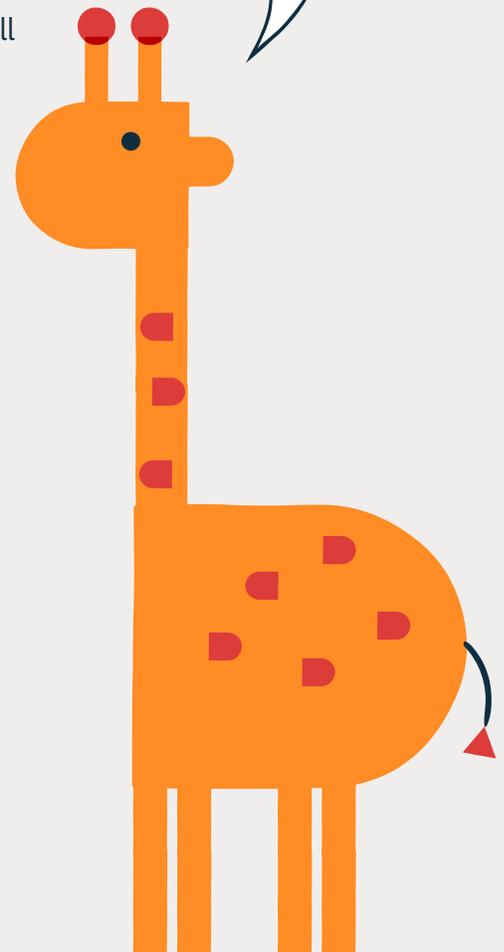
### How Many Spots?:

- Cotton balls, pompoms, bingo markers, or other small items that can be used as spots
- [How Many Spots sheet](#)
- [Number Cards for 1-15](#)

### Summer Fun:

- Paper
- Pencil
- Crayons or markers

**Tip:** At the beginning of your week, gather materials and place them in a container so you're ready to go!



# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Let's Explore: Letter Search

How many different letters can you find around your home? Go on a letter hunt together and find out!



### Length of activity:

25 minutes\*

\* Duration will vary depending on your child's interest.

### Level of Engagement Required by Adult: High



### Level of Prep Required: Medium



### What you need:

- Alphabet cards
- Index cards (if you don't have alphabet cards)
- Marker (if you don't have alphabet cards)

### What your child is learning:

- How to recognize a specific letter in print
- How to identify objects in the home that begin with specific letters

### About the Activity:

For this activity, you and your child will go on a search through your home to see how many different letters you can find. Grab a set of alphabet cards or create your own using markers and index cards and writing a different pair of uppercase and lowercase letters on each card. Shuffle the cards and put them in a stack.

### For your preschooler and your prekindergartener:

Have your child select a card from the stack and ask them about the letter. "What letter is this? This is the letter \_\_. What sound does the letter\_\_make?" Then, have them go on a letter search in your home to find an example of the letter. Look for the letter on wall art, book covers, toys, or pantry items. If needed, give them some hints about where they might find the letter in your home. As they find examples of the letter, talk about them. For example, you might say something like, "You found an uppercase *F* on this wall art. *F* is at the beginning of the word, 'Family.'" Continue this process for each of the alphabet cards and see how many letters you can find.

If your child is ready for a challenge, look for both uppercase and lowercase versions of the letter on the card.

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Let's Play: Roll and Roar

This activity makes math so much fun that your kiddo will roar!



**Length of activity:**  
10 minutes\*

\* Duration will vary depending on your child's interest.

**Level of Engagement Required by Adult:** Low



**Level of Prep Required:** Low



**What you need:**

- Dice

### What your child is learning:

- To count using one-to-one correspondence
- How to identify the number of objects in a set
- A beginning understanding of cardinality; that the last number counted represents the total number of items in a set

### About the Activity:

This activity is from our Wild Animals unit. The focus is on lions and tigers, but if you've already done this, invite your child to come up with their own animal sounds, like honking like a goose, mooing like a cow, or barking like a dog. You can also add a memory-game element by using only one dice and working with your child to choose a different animal sound for each number.

Begin by asking your child what they know about lions and tigers. Explain that lions and tigers are both large cats, and that both make roaring sounds. A lion's roar is loud and can be heard up to five miles away while a tiger's roar is more of a low growl. Invite your child to practice roaring loud like a lion and growling low like a tiger.

### For Your Preschooler:

Use one dice. Have your child roll the dice and count the number of dots on the side of the dice facing up, then have them roar or growl that many times, letting them decide if they want to roar or growl. For example, if they roll a three, they will roar or growl three times. If they are interested, they can create movements to accompany their roars and growls. Invite your child to continue for as long as they are interested.

### For Your Prekindergartener:

Use two dice. Have your child roll the dice and count the total number of dots on the top of both dice, then have them roar or growl that many times, letting them decide if they want to roar or growl. For example, if they roll an eight, they will roar or growl three times. If they are interested, they can create movements to accompany their roars and growls. Invite your child to continue for as long as they are interested.

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Let's Play: Rainbow Matching

Practice color identification while playing this fun matching game.



**Length of activity:**  
10 minutes\*

\* Duration will vary depending on your child's interest.

**Level of Engagement Required by Adult:** Medium



**Level of Prep Required:** Medium



**What you need:**

- Index cards, 6
- Markers, crayons, or colored pencils
- Scissors (for adult use only)

### What your child is learning:

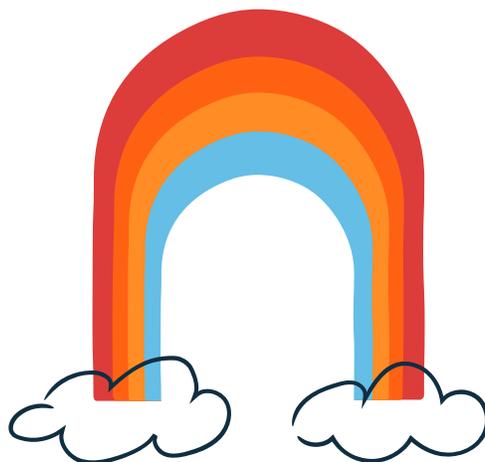
- To identify and name colors
- To utilize their memory and recall information

### About the Activity:

This matching game helps your child learn their colors while testing their memory. Cut each index card in half widthwise to make two smaller cards. Create two cards for each color: red, orange, yellow, blue, green, and purple.

### For your preschooler and your prekindergartener:

Show your child how to shuffle the cards then place them face down in a 3 x 4 grid. Invite your child to select two cards to turn over, naming the color of each card. If the colors of the cards match, remove them from the game. If the colors do not match, flip them over and try again. Encourage your child to continue until they have matched all the cards. If you wish to play the game with your child, the two of you can alternate turning over cards.



# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Let's Create: Clapping Patterns

In this fun twist on learning patterns, your child expresses patterns using a series of claps.



**Length of activity:**  
20 minutes\*

\*Duration will vary depending on your child's interest.

**Level of Engagement  
Required by Adult:** Medium



**Level of Prep Required:** Low



**What you need:**

- [Preschool Clapping Patterns](#)
- [Prekindergarten Clapping Patterns](#)

### What your child is learning:

- How to recognize, repeat, and extend simple patterns
- How to represent patterns using sounds

### About the Activity:

This activity is all about recognizing and repeating patterns. Begin by having your child listen as you clap the following pattern: clap-pause-clap-clap-pause, clap-pause-clap-clap-pause, clap-pause-clap-clap-pause. Ask them what they noticed about your clapping. Explain that you are clapping a pattern of one clap, a pause, two claps, and a pause. Repeat the pattern and have your child clap along with you.

### For Your Preschooler:

Show your child the first row of the preschool clapping patterns. Explain that for each dot in a box they will clap, and that they will pause after each box. Have them look at the first row and practice clapping it. Do they recognize this pattern? If needed, share that this is the pattern that the two of you were just clapping together: one clap, a pause, two claps, and a pause. Invite them to explore clapping the other patterns, asking them what part of the pattern repeats, and encouraging them to extend the pattern beyond what they can see. If they're interested, invite them to create their own clapping patterns.

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020

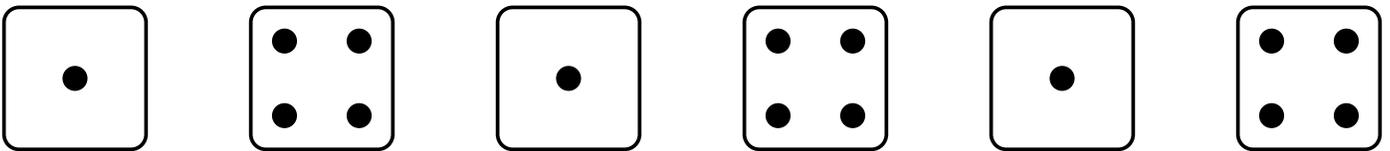
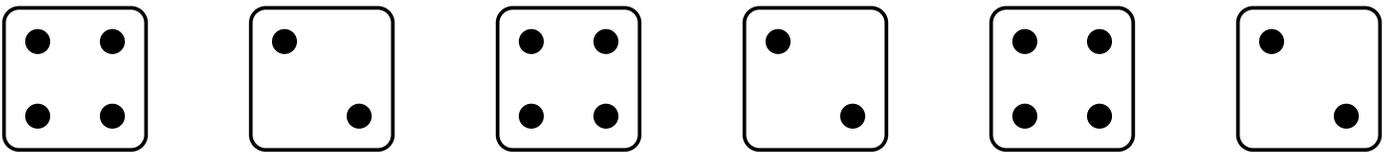
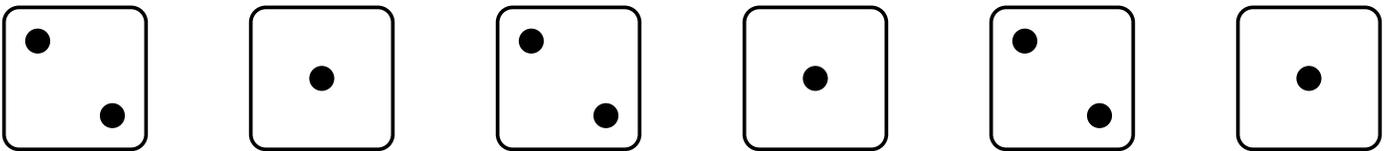
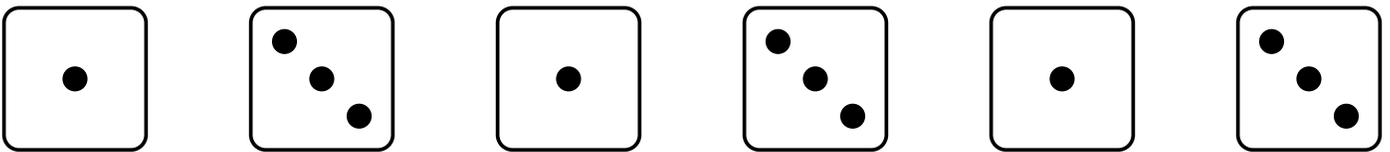
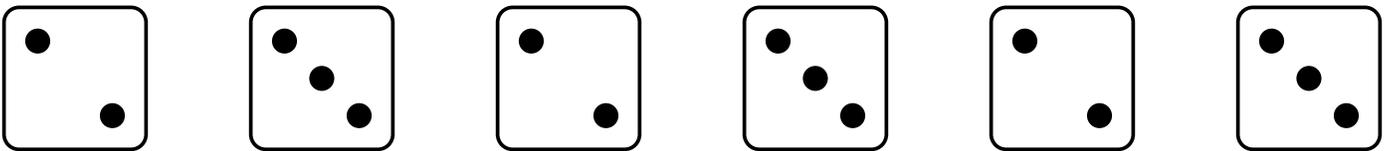
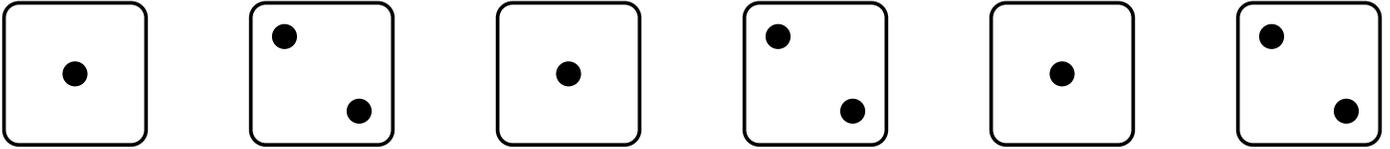
## **For Your Prekindergartener:**

Show your child the first row of the prekindergarten clapping patterns. Explain that for each dot in a box they will clap, and that they will pause after each box. Have them look at the first row and practice clapping it. Do they recognize this pattern? If needed, share that this is the pattern that the two of you were just clapping together: one clap, a pause, two claps, and a pause. Have them look at the second row and say the pattern out loud as they clap. Ask them to identify the part of this pattern that repeats. If needed, share that this pattern is one clap, pause, two claps, pause, three claps, pause, and then it repeats. Invite them to explore clapping the other patterns, asking them what part of the pattern repeats, and encouraging them to extend the pattern beyond what they can see. If they're interested, invite them to create their own clapping patterns.

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020

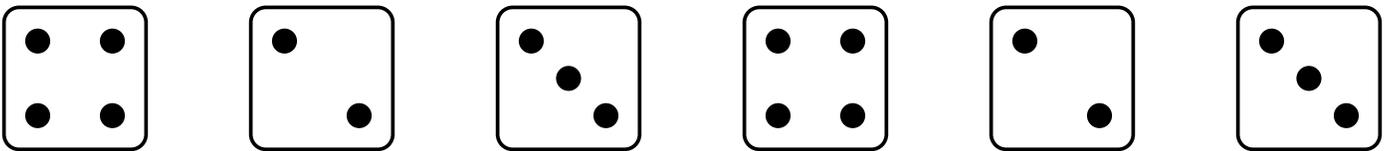
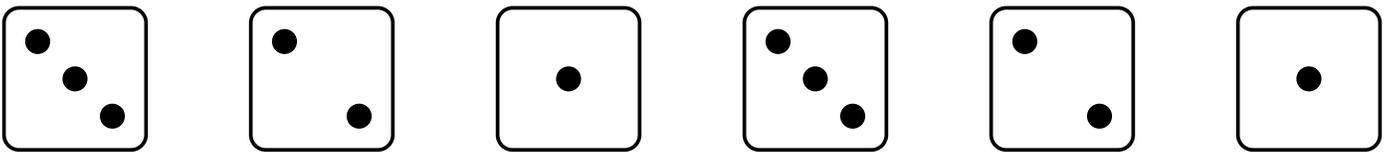
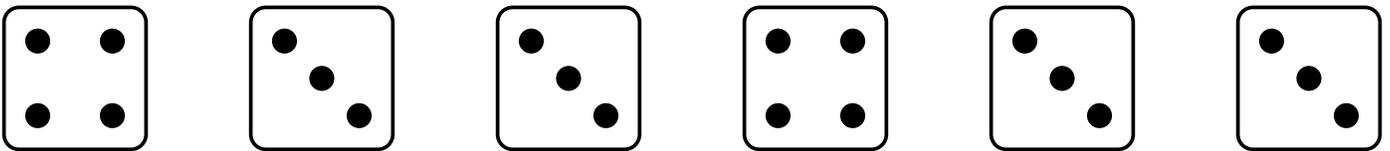
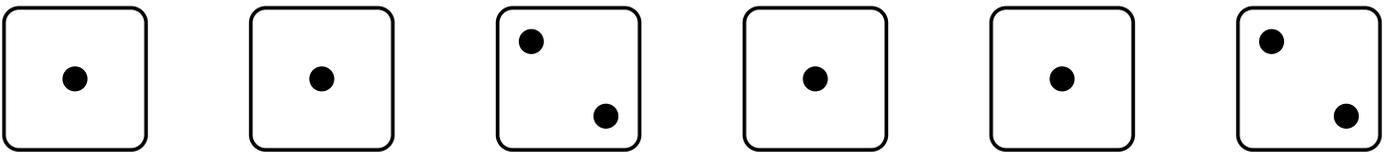
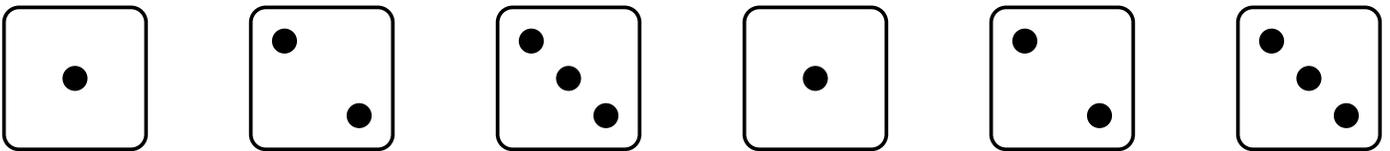
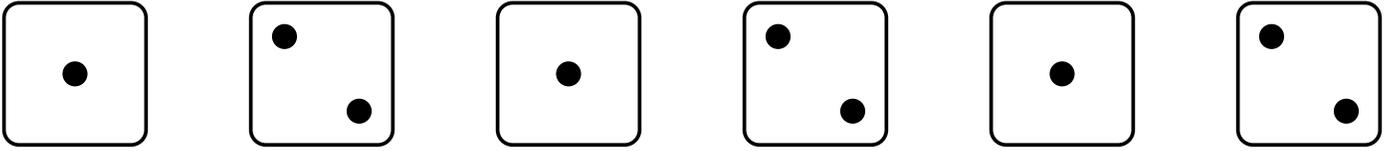
## Preschool Clapping Patterns



# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020

## PreKindergarten Clapping Patterns



# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Let's Explore: How Many Spots?

Use number cards to determine how many spots the giraffe should have.



### Length of activity:

15 minutes\*

\* Duration will vary depending on your child's interest.

### Level of Engagement Required by Adult: Low



### Level of Prep Required: High



### What you need:

- Cotton balls, pompoms, bingo markers, or other small items that can be used as spots
- [How Many Spots sheet](#)
- [Number Cards for 1-15](#)

### What your child is learning:

- To count using one-to-one correspondence
- How to identify the number of objects in a set
- A beginning understanding of cardinality; that the last number counted represents the total number of items in a set

### About the Activity:

Print one copy of the [How Many Spots? giraffe outline](#) and one copy of the [Number cards](#) for 1 through 15. If you do not have a printer, draw a simple outline of a giraffe on a sheet of paper and use paper squares or index cards to create your own number cards.

Shuffle the number cards and put them in a stack face down. Give your child the giraffe outline and the collection of spots. Have your child flip over the top card and read the number or count the number of dots on the card. Then have them place the same number of spots on their giraffe. Have them count the number of spots on their giraffe to make sure it is the same number as is shown on the card. Then have them remove the spots, turn over a new card, and repeat the process until they have gone through all of the cards.

### For Your Preschooler:

Begin with number cards 1 through 5, adding 6 through 10, and 11 through 15, as your child is ready.

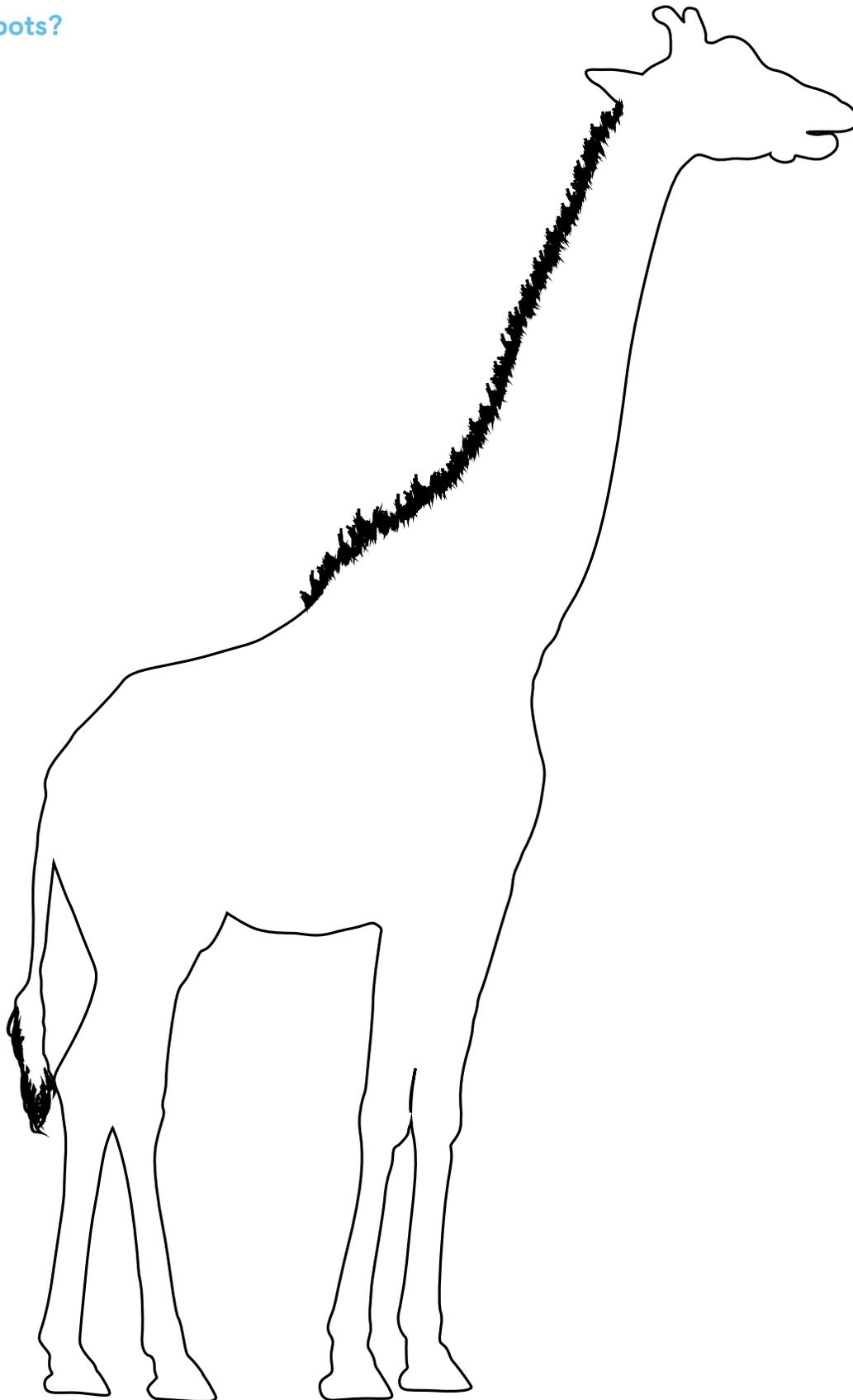
### For Your Prekindergartener:

Use the number cards for 1 through 15. If your child is ready, use only the number cards for 1 through 6 and have your child flip over two cards at a time, count the total number of dots on both cards, then place that many spots on their giraffe.

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020

How Many Spots?



# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020

1 ·	2 ··	3 ···
4 ∴	5 ∴·	6 ∴∴
7 ∴∴·	8 ∴∴·	9 ∴∴∴
10 ∴∴∴	11 ∴∴·	12 ∴∴∴
13 ∴∴∴	14 ∴∴·	15 ∴∴∴

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Phonics Adventures: Summer Fun

Your child will reflect on and journal about the experiences they had this summer.



**Length of activity:**  
20–30 minutes\*

\* Duration will vary depending on your child's interest.

**Level of Engagement  
Required by Adult:** Medium



**Level of Prep Required:** Low



**What you need:**

- Paper
- Pencil
- Crayons or markers

### What your child is learning:

- That drawing and writing are ways of communicating information
- The relationship between spoken and written words
- To make marks and letter-like forms, and draw simple pictures to represent things
- To reflect on experiences and share them with others

### About the Activity:

Have a conversation with your child about the things they've done over the summer. Give clues to help them remember what they did, without giving away too many details. See how much detail they can remember! If you took pictures, use them to help jog your child's memory about their experiences.

Encourage your child to use the paper, pencil, and crayons or markers to draw a picture of their most memorable experience from this summer.

### For Your Preschooler:

Ask your child to share their drawing with you while you write down their words. You can get your child's permission to write the words somewhere on the drawing or you can write the words on a separate piece of paper. Have your child sign their drawing by writing their name on the front or back. Find out who your child wants to share their drawing with and send them a photo or set up a virtual call with that person.

### For Your Prekindergartener:

Invite your child to label or write about what they drew. Don't correct spelling – it's normal and appropriate for children to use invented spelling at this age! Have your child sign their drawing by writing their name on the front or back. Find out who your child wants to share their drawing with and send them a photo or set up a virtual call with that person.

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Game Time: Child's Choice

Let your child choose from a couple of our favorites or select one of their own.

Share the two games on the following pages with your child and invite them to choose which one they'd like to play. If they have a favorite that's not on our list, play that one instead!



Tic-Tac-Toe  
with a Twist



On the Move

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



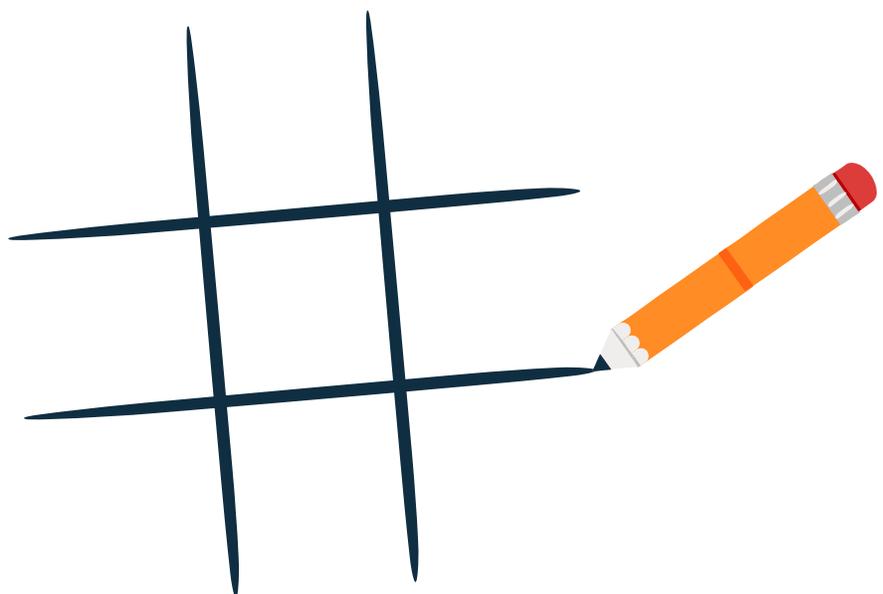
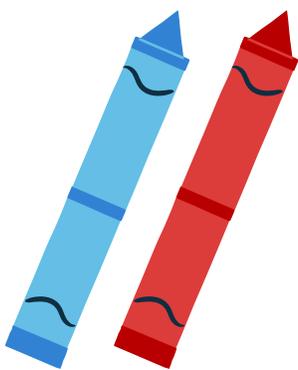
## Game Time: Tic-Tac-Toe with a Twist

Try this twist on Tic-Tac-Toe where winning the game is all in the roll of a dice!

To play, you'll need a sheet of paper, writing or drawing tools in two colors, and a dice.

Instructions:

- Draw a nine-square tic-tac-toe board on a sheet of paper.
- Have each player select a color they'll use for the duration of the game.
- The first player rolls the dice and counts the number of spots on the top of the dice. Then starting at the top left corner, they count the same number of empty squares on the tic-tac-toe board, counting from left to right, and then moving down one row and continuing the count from left to right. When they've counted the corresponding number of squares, they color in the last square they counted.
- Then the next player does the same, counting only the empty squares. If a square has been colored, the player skips over it and continues counting in the next empty square.
- As the game progresses and more squares are filled in, a player may have to continue their count by returning to the top of the board.
- Play continues until one player gets three in a row horizontally, vertically, or diagonally, or until all the squares have been colored in.



# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Game Time: On the Move

This game combines the fun of a board game with the energy of a movement game.

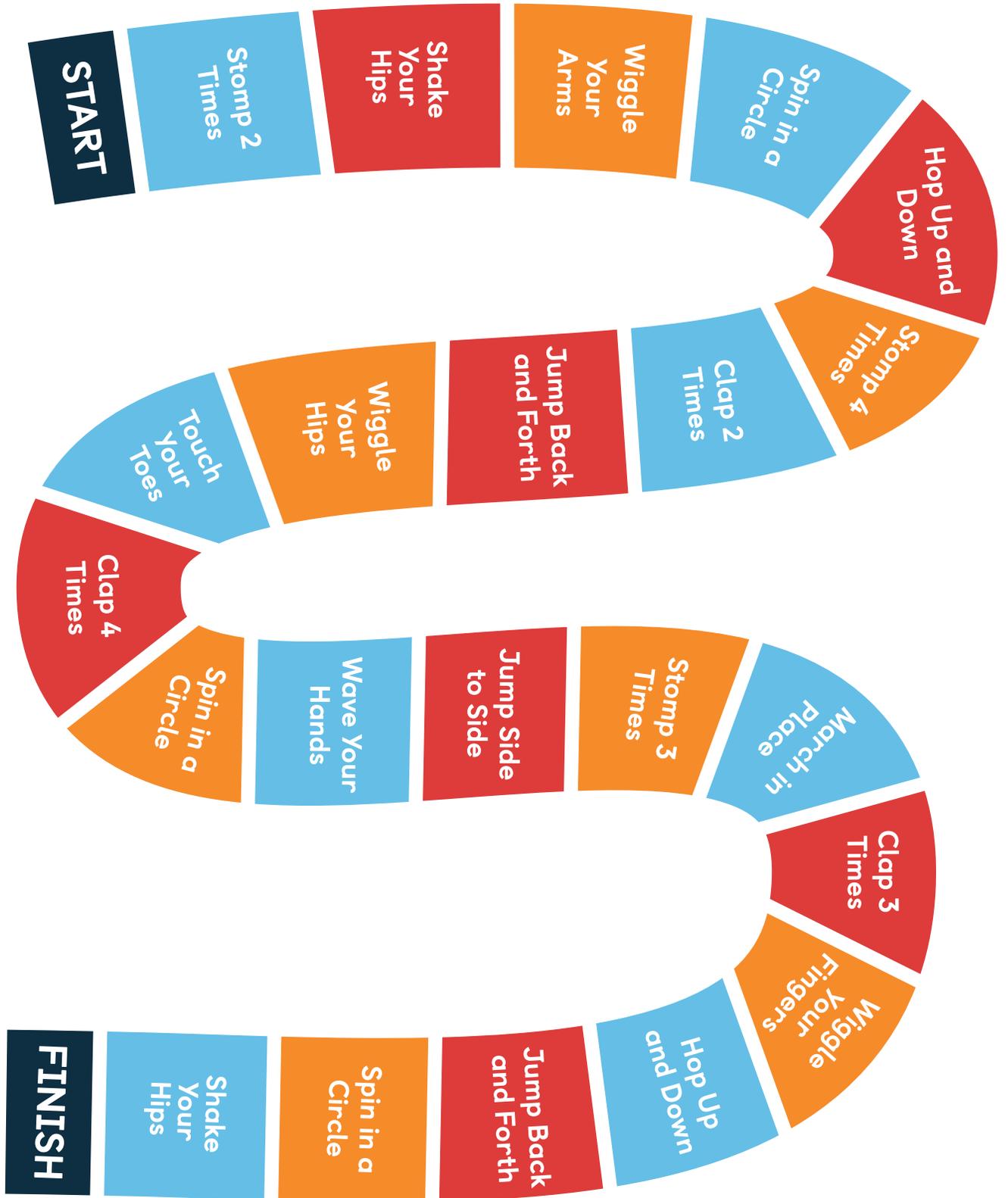
Before playing, you'll need to print one copy of the [game board](#) and one copy of the [color cards](#). Cut out the color cards and place them in a stack face down. If you're unable to print, you can draw your own game board and create your own color cards using paper and coloring materials. You'll also need one game piece for each player, such as a small toy, crayon, or a game piece from a board game.

To play, all players place their game pieces at *Start*. The first player turns over the top card in the stack and names the color on the card. Assist your child as needed in naming the color. The player then moves their game piece to the next space of that color on the game board and performs the action on the space. Then the next player does the same. Play continues until all players have reached *Finish*. Depending on the number of players, you may need to shuffle the color cards during the game to have enough for each player to reach *Finish*.

# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020

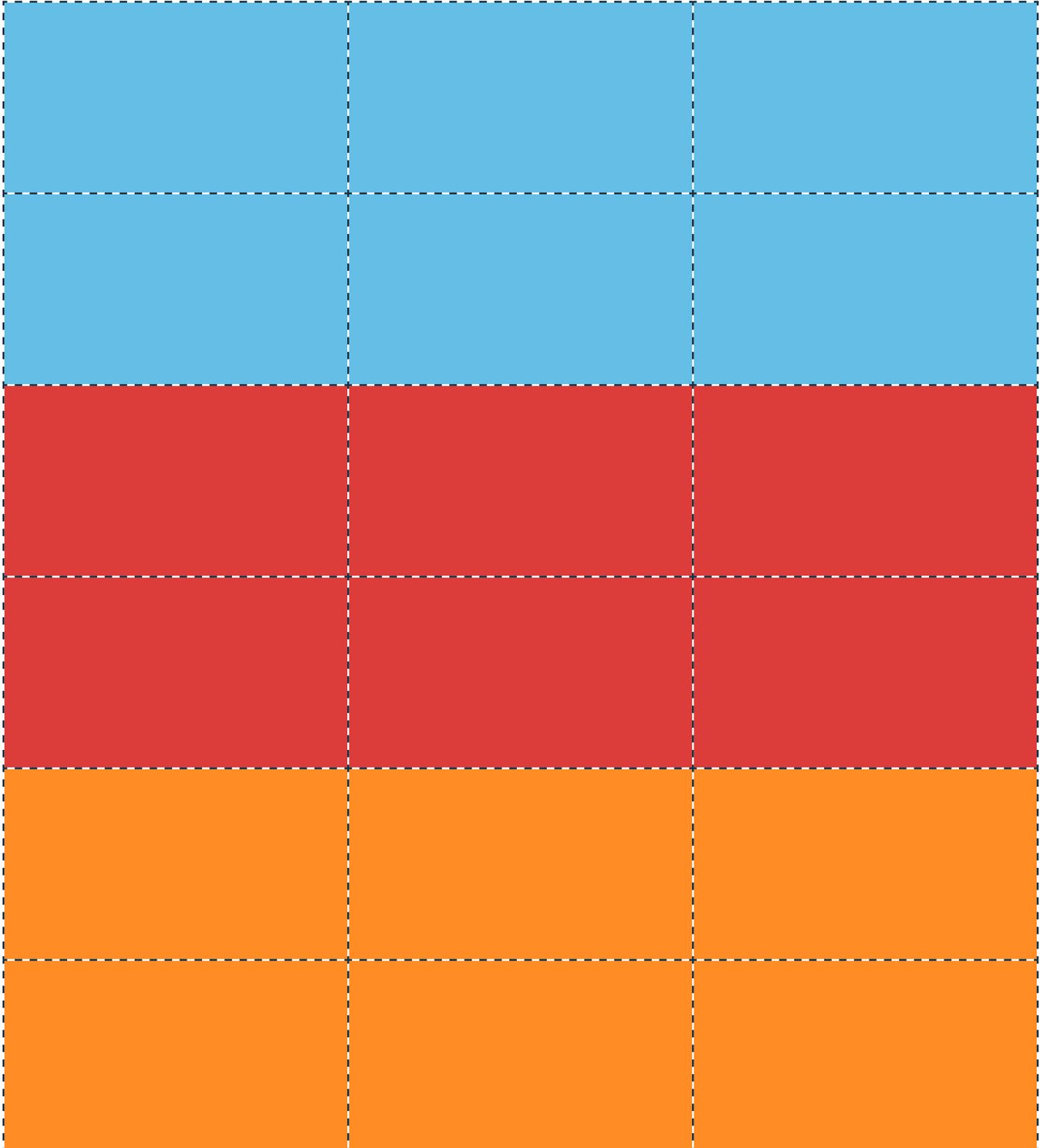
## On the Move Game Board



# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020

## On the Move Color Cards



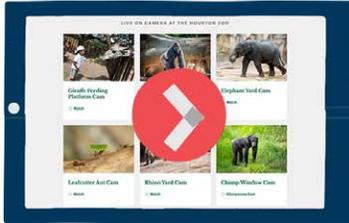
# At-Home Summer Guide for Preschoolers and Prekindergarteners

Week of August 31, 2020



## Virtual Field Trip: Field Trip Trifecta

Revisit three of our favorite field trips that focus on science and literacy.



Would you and your child like to see some amazing animals in action? Check out the [live webcams](#) at the Houston Zoo! Which animals are they interested in seeing? As you watch the live cams, ask your child questions about what the animals are doing, what they notice about the animals, and what they wonder about the animals.

Did you take a [virtual field trip to the San Diego Zoo](#) last week? Which animals are different? Which animals are the same?



This [video](#) shows you how to use basic household materials to create a walking-water rainbow and dives into the science behind it!

Take a trip to the [KinderCare YouTube Channel](#) and check out some read-alouds of KinderCare original books used in our Phonics Adventures and Music Explorers programs.



*Five Little Ducks*



*Jan Ran*



*Wigs*



*Pots and Pans*



*Ten Hens*



*Fun in the Sun*



*Hop*



*My Cat*