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| **WEEK #1****Date** | **MONDAY****\_\_\_** | **TUESDAY****\_\_\_** | **WEDNESDAY****\_\_\_** | **THURSDAY****\_\_\_** | **FRIDAY****\_\_\_** |
| **BREAKFAST** | Whole Grain Toasty O’s CerealFresh Sliced Bananas+1% Low Fat Milk | English Muffin with Fruit Jelly or Sun ButterChilled Halved Apricots\*1% Low Fat Milk | Whole Grain French Toast SticksApplesauce+1% Low Fat Milk | Gluten-Free Crispy RiceFresh Sliced Oranges+1% Low Fat Milk | Whole Grain Bagel with Cream CheeseChilled Fruit Cocktail+\*1% Low Fat Milk |
| Special for ages 1 & 2 |  | Applesauce+ |  |  | Fruit Cocktail+\* (no grapes) |

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| **AM SNACK** | Animal Crackers1% Low Fat Milk | Carrot Sticks\* and Celery1% Low Fat Milk | Chilled Pears with Cottage Cheese | Vanilla Yogurt100% Grape Juice+ | Whole Grain Toasty O’s Cereal1% Low Fat Milk |
| Special for ages 1 & 2 |  |  |  |  |  |

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| **LUNCH** | Bean Burrito on Flour TortillasCornMixed Berries+1% Low Fat Milk | Vegetable Soup+\*with Ground Turkey**~**Whole Grain BiscuitChilled Fruit Cocktail+\*1% Low Fat Milk | Beef**~** Teriyaki BowlWhole Grain Brown RiceMixed Vegetables+\*Diced Mango\*1% Low Fat Milk | Cheese Pizza on Whole Grain Crust**~**Mixed Green SaladChilled Diced Peaches1% Low Fat Milk | Fish Sticks**~** Whole Grain Bread Stick Roasted Potato Wedge+Chilled Strawberries1% Low Fat Milk |
| Special for ages 1 & 2 | Diced Mixed Berries+ | Fruit Cocktail+\* (no grapes) |  | Green Beans+ |  |

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| **PM SNACK** | Graham Cracker with Sun Butter1% Low Fat Milk | Sugar Snap Peas & Cucumber Slices with Hummus or DipStrawberry Yogurt | Whole Grain Biscuit with Cinnamon Maple Sprinkle1% Low Fat Milk | Low Fat Cottage CheeseChilled Apricot Halves\* | Whole Grain Pita Bread with Hummus or Sun Butter100% Apple Juice+ |
| Special for ages 1 & 2 |  | Lightly Steamed Vegetables |  |  |  |

FUN NUTRITION FACTS: Whole Grains are a source of key nutrients like B vitamins (thiamin, riboflavin, niacin) and minerals (iron, magnesium), and fiber!

**Vitamin C+ source**

**Vitamin A\* source**

**reserved.**

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Water is available to children throughout the day and at all meals and snacks. If no beverage is specified the beverage offered will be water.
Children (age 12-24 month) are served whole milk. After 24 months all children are served 1% milk.

**~CN Label on file▪Mfr. Product Analysis Statement on file**

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