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| **WEEK #1**  **Date** | **MONDAY**  **\_\_\_** | **TUESDAY**  **\_\_\_** | **WEDNESDAY**  **\_\_\_** | **THURSDAY**  **\_\_\_** | **FRIDAY**  **\_\_\_** |
| **BREAKFAST** | Whole Grain  Toasty O’s Cereal  Fresh Sliced Bananas+  1% Low Fat Milk | English Muffin with Fruit Jelly or Sun Butter  Chilled Halved Apricots\*  1% Low Fat Milk | Whole Grain  French Toast Sticks  Applesauce+  1% Low Fat Milk | Gluten-Free Crispy Rice  Fresh Sliced Oranges+  1% Low Fat Milk | Whole Grain Bagel with Cream Cheese  Chilled Fruit Cocktail+\*  1% Low Fat Milk |
| Special for ages 1 & 2 |  | Applesauce+ |  |  | Fruit Cocktail+\* (no grapes) |

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| **AM SNACK** | Animal Crackers  1% Low Fat Milk | Carrot Sticks\* and Celery  1% Low Fat Milk | Chilled Pears with Cottage Cheese | Vanilla Yogurt  100% Grape Juice+ | Whole Grain  Toasty O’s Cereal  1% Low Fat Milk |
| Special for ages 1 & 2 |  |  |  |  |  |

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| **LUNCH** | Bean Burrito  on Flour Tortillas  Corn  Mixed Berries+  1% Low Fat Milk | Vegetable Soup+\* with Ground Turkey**~**Whole Grain Biscuit  Chilled Fruit Cocktail+\*  1% Low Fat Milk | Beef**~** Teriyaki Bowl  Whole Grain Brown Rice  Mixed Vegetables+\*  Diced Mango\*  1% Low Fat Milk | Cheese Pizza  on Whole Grain Crust**~**  Mixed Green Salad  Chilled Diced Peaches  1% Low Fat Milk | Fish Sticks**~**  Whole Grain Bread Stick  Roasted Potato Wedge+  Chilled Strawberries  1% Low Fat Milk |
| Special for ages 1 & 2 | Diced Mixed Berries+ | Fruit Cocktail+\* (no grapes) |  | Green Beans+ |  |

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| **PM SNACK** | Graham Cracker  with Sun Butter  1% Low Fat Milk | Sugar Snap Peas & Cucumber Slices with Hummus or Dip  Strawberry Yogurt | Whole Grain Biscuit with Cinnamon Maple Sprinkle  1% Low Fat Milk | Low Fat Cottage Cheese  Chilled Apricot Halves\* | Whole Grain Pita Bread with Hummus  or Sun Butter  100% Apple Juice+ |
| Special for ages 1 & 2 |  | Lightly Steamed Vegetables |  |  |  |

FUN NUTRITION FACTS: Whole Grains are a source of key nutrients like B vitamins (thiamin, riboflavin, niacin) and minerals (iron, magnesium), and fiber!

**Vitamin C+ source**

**Vitamin A\* source**

**reserved.**

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Water is available to children throughout the day and at all meals and snacks. If no beverage is specified the beverage offered will be water.  
Children (age 12-24 month) are served whole milk. After 24 months all children are served 1% milk.

**~CN Label on file▪Mfr. Product Analysis Statement on file**

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