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| **WEEK #2**  **Date** | **MONDAY**  **\_\_\_** | **TUESDAY**  **\_\_\_** | **WEDNESDAY**  **\_\_\_** | **THURSDAY**  **\_\_\_** | **FRIDAY**  **\_\_\_** |
| **BREAKFAST** | **Cereal**  **1% Low Fat Milk** | **Sausage & Biscuits**  **1% Low Fat Milk** | **Pancakes**  **1% Low Fat Milk** | **Cereal**  **1% Low Fat Milk** | **French Toast**  **1% Low Fat Milk** |
| **Special for ages 1 & 2** |  |  |  |  |  |

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| **LUNCH** | **Vegetarian Bean Chili**  **Cornbread, Mixed Fruit**  **1% Low Fat Milk** | **Whole Grain Pasta with Ground Beef~ in Tomato Sauce**  **Green Beans**  **1% Low Fat Milk** | **Mini Cheese Burger~ Slider on a Whole Grain Bun**  **Potato Wedges**  **Diced Peaches**  **1% Low Fat Milk** | **Rice and Diced Chicken Casserole**  **Corn**  **Mandarin Oranges**  **1% Low Fat Milk** | **Macaroni & Cheese**  **Green Bean, Mixed Fruit**  **1% Low Fat Milk** |
| **Special for ages 1 & 2** |  |  |  |  | **Applesauce+** |

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| **SNACK** | **Pretzels**  **100% Apple Juice** | **Fresh Celery & Carrot Sticks\***  **Creamy Hummus**  **Water** | **Applesauce+ with Cinnamon Sprinkle**  **Water** | **Cheese Crackers**  **100% Apple Juice** | **Corn Chips**  **Salsa**  **100% Apple Juice** |
| **Special for ages 1 & 2** |  | **Whole Grain Round Crackers** |  |  |  |

**Vitamin C+source**

**Vitamin A\* source**

**reserved.**

**FUN NUTRITION FACTS: Consuming dairy products has been linked to improved bone health for children. Intake of low fat dairy products is associated with reduced risk of heart disease and type II diabetes in adults.**

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified the beverage offered will be water. Children (age 12-24 month) are served whole milk. After 24 months all children are served 1% milk.

~CN Label on file▪Mfr. Product Analysis Statement on file

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